



*Training and Professional Development*

## **Emergency First Aid at Work Level 3 Award (RQF)**

**This course is suitable for candidates who require an Emergency First Aid at Work (EFAW) Certificate, to help employers comply with the law as stated within the Health and Safety at Work Act. The course is approved and accredited through Highfield Qualifications.**



### **Course Objectives**

- To understand the role and responsibilities of the first aider including minimising risk of infection
- To be able to assess an incident, including primary survey and when to call for assistance
- To be able to provide first aid to an unresponsive casualty, including when and how to administer cardiopulmonary resuscitation (CPR)
- To know when and how to place a casualty in the recovery position
- To be able to administer first aid to a casualty who is experiencing a seizure
- To be able to provide first aid to a casualty who is choking
- To be able to recognise severity and provide first aid to a casualty with external bleeding
- To know how to provide first aid to a casualty who is in shock, including recognition and treatment
- To know how to provide first aid to a casualty with minor injuries: cuts and grazes, bruises and splinters, minor burns and scalds
- Use of AED (Automated External Defibrillator) in accordance with requirements
- To know how to respond to anaphylaxis and administer auto-injectors

### **Course Notes**

- Candidates are required to undertake practical elements within this course and must be physically able to carry out the procedures
- The course includes written and practical assessment
- A Resuscitation Mannequin is used to practice CPR and mouth-to-mouth technique

#### **COURSE INFORMATION**

Cost:	Dependant on location
Duration:	Full day
Group size:	Dependent on size of venue
Certification:	Emergency First Aid at Work (EFAW) valid 3 years
Travel Charge:	Dependant on location

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